

PARK INSTRUCTOR LEVEL 2 - AGENDA

DAY ONE:

8:30 - 9:00 a.m.	Registration & Introductions
9:00 - 12:00 p.m.	Warm-up, Park Etiquette & Safety Review, Advanced Competencies Presentation
12:00 - 1:00 p.m.	Lunch
1:00 - 3:30 p.m.	Advanced Freestyle Technical Session
3:30 - 4:00 p.m.	Cool-down Workshop: Advanced Competencies in Freestyle Snowboarding
	Daily Review & Evaluation

DAY TWO:

9:00 – 9:30 a.m.	Warm-up Workshop: Freestyle Feedback, Refining Feedback & Using Questions
9:30 - 12:00 p.m.	Advanced Freestyle Technical Session
12:00 - 1:00 p.m.	Lunch
1:00 - 3:30 p.m.	Advanced Freestyle Technical Session
3:30 - 4:30 p.m.	Workshop: Progression Building for Intermediate Freestyle
	Daily Review & Evaluation

DAY THREE:

9:00 – 9:30 a.m.	Workshop: Skill Based Teaching in Freestyle
9:30 - 12:00 p.m.	Advanced Freestyle Technical Session
12:00 - 1:00 p.m.	Lunch
1:00 - 3:30 p.m.	Rider Improvement, Stacking Clips & Learning Tricks
3:30 - 4:30 p.m.	Evaluation and Results

**Due to various mountain conditions, times may vary.*

**To ensure that the course runs smoothly students should arrive 10 minutes before the above times.*

**The wearing of helmets is mandatory on the CASI Park 2 course.*

**Attendance and participation in all parts of the course is mandatory to receive evaluation results.*