

## PARK INSTRUCTOR LEVEL 1 INSTRUCTOR - AGENDA

### DAY ONE

8:30 - 9:00 a.m.	Registration & Introductions
9:00 - 11:30 a.m.	Warm-up Park Etiquette & Safety Discussion The Core Competencies in Freestyle Snowboarding
11:30 - 12:30 p.m.	<i>Lunch</i>
12:30 - 3:30 p.m.	Teaching Freestyle Fundamentals (with practice teaching)
3:30 - 4:00 p.m.	Daily Review & Evaluation

### DAY TWO

8:30 - 11:30 a.m.	Warm-Up Teaching Freestyle Fundamentals (continued)
11:30 a.m. - 12:30 p.m.	<i>Lunch</i>
12:30 - 3:30 p.m.	Teaching Beyond the Fundamentals: Progression Building
3:30 - 4:00 p.m.	Course Evaluation & Results

- ★ Due to various mountain conditions, times may vary.
- ★ To ensure that the course runs smoothly students should arrive 10 minutes before the above times.
- ★ The wearing of helmets is mandatory on all CASI courses.