



LEVEL 4

TEACHING MODULE

COURSE GUIDE

2023-24

CANADIAN ASSOCIATION OF SNOWBOARD INSTRUCTORS

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INTRODUCTION

Welcome to the CASI Level 4 Course and more specifically to the Teaching Module !

By the time you are eligible to attend the Level 4 Instructor modules, you have invested considerable time in your personal and professional development. These three modules will challenge your skills, and allow you the opportunity to further your understanding of snowboard teaching and technique to new heights.

CASI Level 4 Instructors enjoy many opportunities within the industry, including training and professional development roles, course evaluating, professional advancement, and international representation. CASI's Level 4 members play a key role in determining training, technical, and policy standards for all of our programs.

Successful candidates will display the highest level of teaching and riding proficiencies in line with CASI's techniques and methodologies. Leadership, communication, maturity, excellent understanding of concepts, originality, and a positive outlook are all characteristics of a successful Level 4 Instructor. The standard is high, but the goal is worthwhile!

To facilitate the best possible success rate, the Level 4 is conducted in two phases - a modular course phase divided in three stand-alone modules (Teaching, Riding and Instructor Training), and an evaluation phase. The modular course portion allows for presentation of the material, followed by training and development time following each module prior to attending the evaluations.

Who Should Take This Course ?

You should take this course if you are a Level 3 Instructor with extensive teaching experience, preparation, and training. This should include teaching beginner, intermediate and advanced students in a variety of situations as well as instructor training experience (either at your resort, or as a CASI Evaluator). You should have many seasons of experience as a full-time snowboard instructor and wish to further pursue your career in the industry.

Am I Ready?

The Level 4 Instructor standards require you to pass expert riding, teaching, and advanced instructor training evaluations. In order to help you achieve success on the each one of the modular course portion, we suggest you take the following steps in preparation, if they are available to you:

- Ensure that you plan and prepare for each of the stand-alone modules in advance. Many candidates work for several years to prepare for and ultimately complete the Level 4 certification. Establish a multi-year plan for success.
- Ensure you are very familiar with the CASI Levels 1 to 3 course content and methodologies, as well as all CASI reference materials.
- To specifically prepare for the riding module, attend training sessions with a current CASI Level 4 Instructor or Evaluator to get feedback on your riding ability in relation to the technical standard. The use of video analysis and feedback can be beneficial.
- Level 4 candidates are expected to have a broad base of knowledge and experience. Take advantage of other avenues for preparation, including maybe competition experience, snowboard coaching courses / training, and other sport-specific training and input.
- Prior to taking the Level 4 Exams, consider attending the Level 4 Exam Prep course or even attend one of our course modules more than once if you feel the need for it.

LEVEL 4 TEACHING MODULE - 3 DAYS

DAY ONE:

8:30 - 9:00 a.m.	Registration & Introductions
9:15 - 11:30 p.m.	Technical Teaching Presentation #1: <i>Expert Skill Development</i>
11:30 a.m. - 12:30 p.m.	<i>Lunch</i>
12:30 - 2:45 p.m.	Technical Teaching Presentation #2: <i>Expert Skill Development</i>
3:00 p.m.	Daily Review & Wrap-Up

DAY TWO:

9:15 – 11:30 a.m.	Practice Teaching Workshop #1 with teach-back tactic
11:30 a.m. - 12:30 p.m.	<i>Lunch</i>
12:30 - 2:45 p.m.	Practice Teaching Workshop #2 with teach-back tactic
3:00 p.m.	Daily Review & Wrap-Up

DAY THREE:

9:15 – 11:30 a.m.	Technical Teaching Presentation #3: <i>Expert Skill Development</i>
11:30 a.m. - 12:30 p.m.	<i>Lunch</i>
12:30 - 1:45 p.m.	Expert Teaching - Jam session to share concepts and ideas
1:45 - 2:45 p.m.	Individual Development plans - Exam Prep Training Focussed
3:00 p.m.	Module Wrap-Up

- ❖ **Course Duration:** 3 modules of 3 days each (18 hours), totalling 9 days (54 hours)
- ❖ **Evaluation portion :** 4 days
- ❖ *Attendance in the entire presentation (for each module) is mandatory before taking the exam.*
- ❖ *Candidates can choose to focus on one component at the time (Do the course module and go testing the module component at the exam without having done the other course modules).*

- ❖ *Due to various mountain conditions, times and sessions schedules may vary.*
- ❖ *To ensure that the course runs smoothly students should arrive 15 minutes before the above times.*
 - ❖ *The wearing of helmets is mandatory on all CASI courses.*

LEVEL 4 INSTRUCTOR EXAMS - AGENDA

TECHNICAL (RIDING EXAM):

DAY ONE:

8:30 - 9:00 a.m.	Registration & Introductions
9:00 - 11:30 a.m.	Evaluations: Technical (Riding)
11:30 a.m. - 12:30 p.m.	Lunch
12:30 - 3:00 p.m.	Evaluations: Technical (Riding) <i>continued</i>

DAY TWO:

9:15 - 11:30 a.m.	Evaluations: Technical (Riding) <i>continued</i>
11:30 a.m. - 12:30 p.m.	Lunch
12:30 - 2:00 p.m.	Evaluations: Technical (Riding) <i>continued. *If ever needed extra time.</i> Evaluators Meeting Riding Results

TEACHING EXAM:

9:15 - 11:30 a.m.	Evaluations: Teaching
11:30 a.m. - 12:30 p.m.	Lunch
12:30 - 3:00 p.m.	Evaluations: Teaching

INSTRUCTOR TRAINING EXAM:

9:15 - 11:30 a.m.	Evaluations: Instructor Training
11:30 a.m. - 12:30 p.m.	Lunch
12:30 - 3:00 p.m.	Evaluations: Instructor Training
5:00 p.m.	Presentation of Results

- ❖ Due to various mountain conditions, times and schedules may slightly vary.
- ❖ To ensure that the exams run smoothly students should arrive 15 minutes before the above times.
 - ❖ The wearing of helmets is mandatory on all CASI courses.

EVALUATION - TEACHING COMPONENT

Candidates must pass all three components (the teaching, technical (riding), and instructor training (pedagogy)) of the course to be certified as a Level 4 Instructor. Results will be given to each candidate at the end of the exams. **Refer to the other two Level 4 Modules Course Guides for the Instructor Training and Riding components assessment criteria.*

MARKING SYSTEM - TEACHING EVALUATIONS

Candidates will be asked to teach one expert skill improvement lesson of 60 minutes in duration, geared towards an expert-level student. The Evaluator(s) will lead the group to the starting location of each lesson and will decide on the teaching order of the group on the exam day. Lessons will be marked by two (2) Evaluators and the average mark will be used to establish the final mark.

Marking Format: Teaching Component

Overall Average Mark: 1 – 5 out of 10: Below Standard (Incomplete)

6 – 10 out of 10: Meets Standard (Complete)

RETEST EVALUATIONS

Candidates passing individual components (Teaching, Riding or Instructor Training) will never have to be retested for that component, and will retain that component for life. Following completion of each of the stand-alone Level 4 Modules (course portion), candidates are qualified to attend the Level 4 Exams to take either one or all components and there is no time limit to complete the exams. Candidates may retake the Level 4 Modules as many times as necessary while completing the certification process.



ASSESSMENT CRITERIA

TEACHING ASSESSMENT	
<p>Teaches expert snowboarding in accordance with CASI techniques and methodology.</p>	<p>GUEST SERVICE & SAFETY:</p> <ul style="list-style-type: none"> <input type="checkbox"/> Effectively uses terrain as a teaching tool <input type="checkbox"/> Always creates a positive, safe, and student-centred learning environment <input type="checkbox"/> Demonstrates confident, effective & enthusiastic leadership qualities <input type="checkbox"/> Employs a creative approach to teaching at the expert level. <input type="checkbox"/> Paces the lesson to cater to high-level students. <p>COMMUNICATION & LESSON STRUCTURE:</p> <ul style="list-style-type: none"> <input type="checkbox"/> Communicates effectively <input type="checkbox"/> Effective lesson structure <input type="checkbox"/> Effectively uses movement based, simple language to convey complex technical concepts. <p>DEMONSTRATIONS:</p> <ul style="list-style-type: none"> <input type="checkbox"/> Effective use of demonstrations. <input type="checkbox"/> Confidence inspiring and technically correct execution of demonstrations. <p>ANALYSIS & IMPROVEMENT:</p> <ul style="list-style-type: none"> <input type="checkbox"/> Always recognizes primary technical causes of student difficulty. <input type="checkbox"/> Consistently provides positive, relevant, simple and actionable feedback. <input type="checkbox"/> Consistently uses effective analysis viewpoints <input type="checkbox"/> Tactics, drills and exercises should be relevant to student trials, and should help students improve. <p>TECHNICAL CONTENT:</p> <ul style="list-style-type: none"> <input type="checkbox"/> All technical concepts are presented effectively and are technically correct according to CASI methodologies. <input type="checkbox"/> Shows an understanding of the relationship between riding skill components and advanced riding competencies. <p>PROFESSIONALISM & PEOPLE SKILLS:</p> <ul style="list-style-type: none"> <input type="checkbox"/> Demonstrates a personable, agreeable & positive attitude. <input type="checkbox"/> Is presentable & professional in appearance. <input type="checkbox"/> Is credible, knowledgeable and prepared at all times. <input type="checkbox"/> Demonstrates adaptability and openness to feedback

WORKSHOP:

LESSON PLANNING

You can use the following tool to help plan your lessons, or you can also use your own tool.

Name:		Time:	
Snow Conditions:		Number of Students:	
Student Level:		Terrain:	
Competency Focus and Lesson Goal:			
Skill Focus: Position & Balance Pivot Edging Pressure Timing & Coordination			
Skill Component, Skill Goal, Movement Focus, Technical Points :			
Method (s) of Presentation:		Building Block  Whole-Part-Whole  Guided Disc.	
Drills, Tactics, Exercises:			
Analysis & Improvement (points to look for):			
Questions:			

DAILY NOTES AND FEEDBACK

DAY 1:

POSITIVE ELEMENTS:

ELEMENTS TO IMPROVE:

DAY 2:

POSITIVE ELEMENTS:

ELEMENTS TO IMPROVE:

DAY 3:

POSITIVE ELEMENTS:

ELEMENTS TO IMPROVE:

DAY 4:

POSITIVE ELEMENTS:

ELEMENTS TO IMPROVE:

DAY 5:

POSITIVE ELEMENTS:

ELEMENTS TO IMPROVE:

WHAT'S NEXT?

We would like to thank you sincerely for taking the time to attend the Level 4 course modules and exams.

If you have completed one or all of the three Level 4 modules (course portion)...

Congratulations! You are now qualified to attend the Level 4 exams. Take the feedback and learning from each of the stand-alone course modules, and apply it to your on-going training before proceeding to the exams portion. Prior to attending the exams, consider taking the 2-day Level 4 Exam Prep course.

Once you have completed the modular course portion, you do not need to retake it, unless you decide to re-do one, two or all of the course modules to improve your understanding and/or skills.

If you have components remaining to complete the Level 4 course...

Following the exams, you will retain any components that you have passed during the exams for life (Teaching, Riding or Instructor Training). There is no time limit to complete the remaining components of the Level 4 certification, and you may retake the modular course portion (s) as needed to ensure that you are successful at the exams.

If you've successfully completed the Level 4 Instructor certification...

On behalf of the CASI Board of Directors, it is with great pleasure that I congratulate you on obtaining your CASI Level 4 Certification!

The Level 4 is considered CASI's international standard, which represents the highest standards of ability in Canadian snowboard teaching. This qualification brings vast responsibility, but also great opportunity! The Level 4 standard of teaching and riding makes you a role model for each of those CASI members that you encounter, both on and off-snow.

The growth and development of CASI relies on you to continually advance your own standard of leadership, teaching and technical skills. So go ahead! Get involved with Evaluator Training, the National Technical Team, Board of Directors, or any other CASI initiatives. Congratulations again on your success.

All the best!



Geneviève Pilotto
Program Director

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