



## **LEVEL 1 INSTRUCTOR**

### **One Day Exam Program - Level 1**

The CASI Level 1 Instructor certification can be obtained in two ways:

1. Attend and successfully complete a regularly scheduled Level 1 Course at the location of your choice.
2. Complete a resort-provided Level 1 Prep Program (training provided by a current CASI Level 1 Evaluator and / or a CASI Level 3 or 2 Instructor), and then complete the 1-day Level 1 Evaluation with another CASI Evaluator.
  - a. Registration in the preparation phase of the program is done through your local snow school / resort.
  - b. Once the training program is complete (details below), you are then qualified to register for and attend the 1-day Level 1 Exam.
  - c. Then you have to register for the Level 1 day exam through a private link on the CASI website. \*The link will be provided to the candidates by the CASI Regional Coordinator (through snow school manager).

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## **RESORT INSTRUCTOR TRAINING PROGRAM MINIMUM REQUIREMENTS**

**TOTAL REQUIRED TRAINING TIME: 12-14 hours**

**Program Cost: \$248,05 + taxes**

### **A: Riding Skills Development (On-Snow): Minimum 6 hours**

- Riding Competencies
- Skills Concept
- Training and development time

### **B: Teaching Skills Development (On-Snow): Minimum 6 hours**

- QuickRide System
- Teaching Children Considerations
- Practice teaching and development time

**C: Online Component (Self-Directed): Approx. 1-2 hours**

- Completion of the *Level 1 Online Course* is a mandatory part of the training and must be completed prior to attending the one-day exam. Candidates will be enrolled in the online course when they register for the one-day exam, and should leave time prior to the exam day to complete the online course.

**Trainer Minimum Requirements:**

- Trainers presenting the above information must be CASI Level 3 or Level 2 certified and have participated in the [current year's Trainer Update](#).
- Trainers are required to endorse each participant as having completed the required training hours indicated above prior to them attending the evaluation day.
- Efforts will be made to avoid using trainers to evaluate candidates on the exam day. This is up to the discretion of the Regional Coordinator.

**Registration Process:**

To register participants in the program, resort management / snow school directors should contact the Regional Coordinator with the following information:

- A list of names of participants;
- Details about the training staff running the prep sessions (see *Trainer Minimum Requirements, above*).
- Training schedule and preferred dates for the evaluation day.

Regional Coordinators will liaise with snow schools to manage and coordinate registrations.

**Reference Materials (pdf) Included:**

- CASI Reference Guide (accessible via member profile)
- Level 1 Course Guide (accessible via member profile)

**On the day of the exam, participants will also receive a printed version of :**

- QuickRide Teaching Pocket Guide (also available in pdf via member profile)

**Registration Deadlines, Refund and Transfer Policy:**

Registration deadline is to be established between the resort management and Regional Coordinator. At least 7 days is required, to allow candidates time to complete required online components prior to attending the exam day.

**Minimum / Maximum Participant Numbers:**

The 1-day evaluation program requires a minimum of 4 candidates in order to run. Group ratios will be set at a maximum of 8 participants per Evaluator.

## One-day Level 1 Exam PROGRAM

<b>8:30 – 9:00am</b>	<b>Registration, introductions</b> and online Component - Verification
<b>9:00 – 10:30am</b>	<p><b>AM Session:</b></p> <p><b>1. Warm-Up (20-30 minutes)</b></p> <p><b>2. Riding Skills Evaluation (60 minutes) #1</b></p> <ul style="list-style-type: none"> <li>- Candidates will ride as a group and individually focusing on each of the three Core Competencies:             <ul style="list-style-type: none"> <li>- Centred &amp; Mobile Position</li> <li>- Turning the Snowboard With the Lower Body</li> <li>- Balance Along the Working Edge</li> </ul> </li> <li>- If time allows, limited feedback and riding tips may be offered.</li> </ul> <p><b>Note:</b> Riding skills (demos) may also be evaluated during the Teaching Evaluations sessions during the remainder of the day.</p>
<b>10:30am – 12:00pm</b>	<p><b>3. Teaching Skills Evaluation #1</b></p> <ul style="list-style-type: none"> <li>- Candidates will be randomly selected to teach a QuickRide System step.</li> <li>- Limited feedback might be given following each teaching session.</li> </ul>
<b>12:00 – 1:00pm</b>	<b>LUNCH BREAK</b>
<b>1:00 – 2:30pm</b>	<p><b>4. Teaching Skills Evaluation #2</b></p> <ul style="list-style-type: none"> <li>- Candidates will be randomly assigned a teaching scenario to teach to their peers.</li> <li>- Scenarios will include a student level (what does the student know?) along with an indication of their demographic (adult, child, teen), and the number of students in the group (private, semi-private, group lesson).             <ul style="list-style-type: none"> <li>- Example: “<i>This is a private lesson with an adult who has completed one lesson and can sideslip on the heel and toe edges</i>”.</li> <li>- Example: “<i>This is a group lesson with 4 teens who have not snowboarded before</i>”.</li> </ul> </li> <li>- Each candidate will have the opportunity to teach during the session</li> <li>- * Maximum 15 minutes per lesson.</li> </ul>
<b>2:30 – 3:30pm</b>	<p><b>5. Riding Skills Evaluation #2: Mandatory Manoeuvres</b></p> <ul style="list-style-type: none"> <li>- Candidates will have the opportunity to demonstrate the 4 following mandatory manoeuvres at least 2 times each :</li> </ul> <p><i>Candidates must display consolidation of riding outcomes in each of the following maneuvers:</i></p> <ol style="list-style-type: none"> <li>1) <b>Intermediate Sliding Turns - 5-7 M CW</b></li> <li>2) <b>Beginner Turns - Forward &amp; Switch - 3-5 M CW</b></li> <li>3) <b>Open Carved Turns - 3-6 M CW</b></li> <li>4) <b>Hopping Through Turns - 5-7 M CW</b></li> </ol> <p><b>*M = Meters *CW = Corridor Width</b></p>
<b>3:30 – 4:30pm</b>	<b>EXAM RESULTS</b>

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